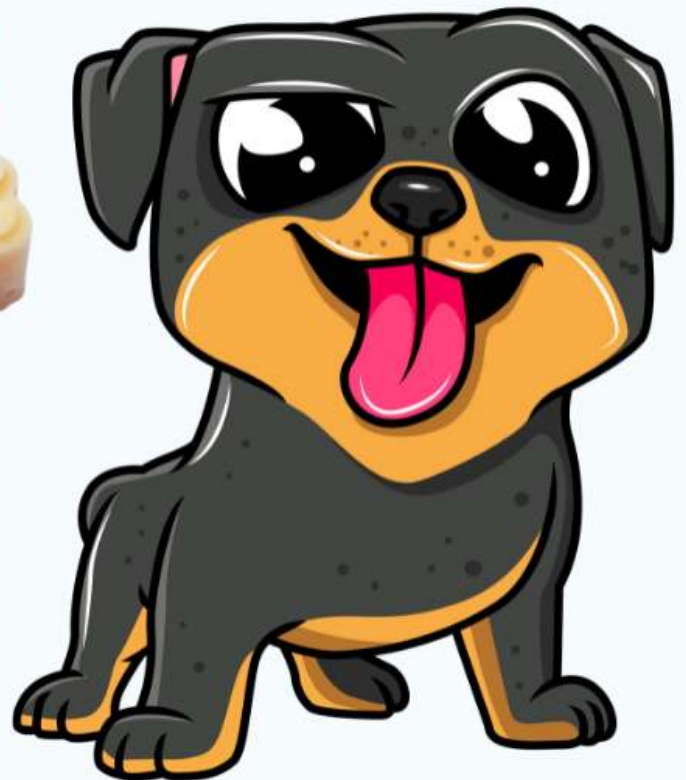


FROZEN DOG TREATS



101 DIY RECIPES
(VET APPROVED!)



Sarah
Richards

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Frozen Dog Treats Cookbook

Before you go and make treats for your dog...

There are important things you must know.

Can you give puppies frozen treats?

You can give frozen treats to puppies to keep them cool during summer. As well as to ease their teething pain.

Dogs don't sweat like humans. So they mainly control their body temperature by [panting](#).

But unlike adult Fidos, some puppies may have trouble regulating it.

Thus, to prevent accidents like suffering from a heat stroke...

Offer them a frozen treat to help them cool down.

What treats can you freeze for puppies?

At their age, the best options would be:

- Ice shavings.
- Chilled blended soft food.
- Frozen chew toys stuffed with water or plain broth.
- Frozen wet towel (not a treat, but a good teething relief).

The last 2 items can help teething puppies with sore gums. As the cold treat soothes the pain and keeps them occupied.

Problems with sore gums usually start at [3 weeks old](#) when their '*baby teeth*' appear.

So your pup will feel uneasy and find something to chew on. Say your [blankets](#) or [shoes](#).

But this being said...

Avoid giving anything too hard for your puppy yet, like big ice cubes.

It might be rare for our 4-legged friends to choke on ice.

But it's possible. Especially if a puppy swallows a large piece and blocks their airway before it melts.

Thus, always supervise when your dog has frozen treats.

And they should only have them in moderation.

Most of these snacks are high in sugar and calories. And too much may upset their tummy.

Also, excess treats can put dogs at risk of obesity and other [illnesses](#), such as:

- Diabetes.
- Heart disease.
- '*Pancreatitis*' (caused by fatty meals).

Are frozen treats safe for puppies?

These are safe for puppies as long as:

- They don't have harmful ingredients.
- Your puppy has a good health status.

Some dogs have sensitive tummies or an existing ailment.

So even a tiny amount of sugar or fats can trigger a reaction or worsen their condition.

Meanwhile, other dogs are allergic to a particular ingredient.

And the most common [culprits](#) are the following:

- Beef (34%).
- Wheat (13%).
- Lamb (14.5%).
- Chicken (38%).
- Dairy products (51%).

Also, commercial frozen treats like ice cream have '[xylitol](#).'

It's an artificial sweetener toxic to dogs and can cause liver failure.

So if you want to offer your furry friend a frozen snack...

It's best to create it yourself to ensure it's safe.

But before that, here are...

17 ingredients you should avoid at all costs

1. Garlic.
2. Leeks.
3. Xylitol.
4. Onion.
5. Coffee.
6. Grapes.
7. Raisins.
8. [Alcohol](#).
9. Nutmeg.
10. Cherries.
11. Avocado.
12. [Cinnamon](#).*
13. Chocolate.
14. Corn syrup.*
15. Citrus fruits.*
16. Macadamia nuts.
17. Salt (high amounts).

Note: These are all toxic to dogs - except those with (*). But they can cause mild to severe medical issues if taken regularly in high amounts, such as:

- [Diarrhea](#).
- Diabetes.
- Liver disease.
- Skin allergies.
- Upset stomach.
- Breathing problems.

50 safe ingredients for frozen dog treats (vet approved)

1. Kiwis.
2. Beets.
3. Pears.
4. Celery.
5. Apples.
6. Kibbles.
7. Carrots.
8. Lettuce.
9. Broccoli.
10. Zucchini.

11. Peaches.
12. Bananas.
13. Potatoes.
14. Mangoes.
15. Cabbage.
16. Nectarines.
17. Asparagus.
18. Honeydew.
19. Pineapples.
20. Cauliflower.
21. Blueberries.
22. Cantaloupe.
23. Cucumbers.
24. Fresh peas.
25. Cranberries.
26. Raspberries.
27. Watermelon.
28. Blackberries.
29. Bell peppers.
30. Strawberries.
31. Green beans.
32. Wet dog food.
33. Cottage cheese.
34. Plain rolled oats.
35. Brussels sprouts.
36. Soft goat cheese.
37. Plain applesauce.
38. Freeze-dried liver.
39. Plain non-fat yogurt.
40. [Cod](#) (plain, cooked).
41. Pork (plain, cooked).
42. Salmon (plain, cooked).
43. Whitefish (plain, cooked).
44. Mushrooms (plain, not wild).
45. Chicken meat (plain, boiled).
46. Peanut butter (unsalted/unsweetened).
47. Pumpkin (steamed/baked, not pie mix).
48. Sweet potatoes (plain, boiled/steamed).
49. Beef broth (unsalted, without garlic/onion).
50. Chicken broth (unsalted, without garlic/onion).

These are non-toxic for our 4-legged friends.

However, you must still be cautious. And take note of the following:

Tip #1: Avoid canned products

Always choose the fresh, natural version of the items recommended above.

Canned goods are convenient. But they have high sodium levels that help preserve their contents.

Tip #2: Dodge seasonings

If you'll add meat or broth to your dog's treats, skip salt and spices. Especially the family of onions, garlic, and leeks.

Tip #3: Keep it small

All the fruits listed above are dog-safe.

But most of them are loaded with sugars, like:

- Apples.
- Bananas.
- Mangoes.

Now, thanks to the fruits' fibers, dogs digest those slowly.

That's why their blood sugar levels won't rise quickly.

However, high sugar intake may irritate your dog's stomach.

So too much of anything is bad - no matter how nutritious it is.

Tip #4: Prepare the ingredients properly

Some parts of the fruits can be dangerous to your dog.

They might be toxic when eaten in high amounts. Or they pose a choking hazard.

So basically, get rid of the things you can't eat (the hard ones).

Only give your dog the flesh. Then chop them into small cubes.

For fruits

Always remove the following:

- Pit.
- Skin.

- Rind.
- Core.
- Seeds.
- Stems.
- Leaves.

You don't have to do this to blueberries, as dogs can eat them whole.

However, since they're tiny, give them with caution - especially to small puppies.

For vegetables and crops

Serve these cooked without any flavorings.

Although dogs may eat them raw...

Some crops, like sweet potatoes, should always be steamed.

This is because they can upset a dog's tummy or cause blockage when raw.

Tip #5: Consult your vet

Lastly, talk to an expert who knows your dog's health better than anyone else.

Fruits can be off-limits to Fidos who need to lose weight.

As well as those with existing health issues, such as:

- Diabetes.
- Bladder stones.

How to make frozen dog treats?

Now that you already know which items to use...

Here are 7 easy-to-do recipes you can do at home:

#1: Fruity ice blocks

These are ice cubes with a twist.

And you can easily make them with 2 ingredients you'll usually find at home.

Just slice some fruits, pour water, and freeze.

Then *ta-dah!*

Your furry pal has a refreshing treat to lick during a hot day.

Ingredients

- Water.
- Any combination of dog-safe fruits (e.g., raspberries and blueberries, kiwis and strawberries).

Note: Count the holes of your ice mold. Then estimate how many pieces of fruit you'll need to fill them up.

What to do?

1. Wash your chosen fruits.
2. Remove all unsafe parts (e.g., seeds, pit, skin, rind, leaves, stems).
3. Slice large fruits into tiny cubes. Leave smaller ones like berries as they are, but cut them if you have a little dog.
4. Drop 2-3 pieces of fruit in every ice mold hole. If you're using a bigger mold, you can increase the amount of fruits for each hole accordingly.
5. Fill each opening with water.
6. Put the mold in the fridge for 3-4 hours.
7. Remove the ice cubes from the mold.
8. Serve 2-3 pieces in your dog's bowl.

Place any leftovers in a freezer-safe container. Then keep them until the next frozen treat session.

"Help! My dog's a picky eater and likes their food to have some flavor."

To entice your furry friend, add a little amount (1:3 ratio) of these with water:

- Plain non-fat yogurt.
- [Honey](#) - not more than ¼ tsp (1.23 ml) daily.

Warning: Tiny puppies may choke on large ice cubes. You may try other soft blend recipes below. Or find smaller molds and watch your dog closely.

#2: Cold savory cubes

Regarding dog treats, you'll never go wrong with meat.

Our 4-legged friends are usually attracted to its smell and taste.
So, aside from sweet chilled fruits...

Why not make a savory frozen treat too?

Ingredients

This is a '*meaty*' version of the previous recipe.

But instead of water and yogurt...

You'll use this as the liquid base:

- Beef/chicken broth (unsalted, without garlic/onion).

Then, add any of these instead of sliced fruits:

- Freeze-dried liver.
- Canned dog snack.
- Cooked fish/chicken meat strips.

What to do?

1. Fill ½ of the ice cube tray with unseasoned meat broth.
2. Put 2-3 tiny pieces of solid treats in every mold hole.
3. Pour broth into all tray pockets until they're full.
4. Freeze them for 3-4 hours.
5. Remove the cubes from the ice mold.
6. Serve 2-3 pieces in your dog's bowl.

Note: You may use ice molds with [unique shapes](#). Say, paw prints or bones. These don't only add cuteness but also give your dog different textures to chew on.

#3: Frozen Kongs

Like cones to ice cream...

Hollow chew toys can also hold frozen treats.

It won't only keep your dog cool during summer.

It'll also [stimulate their mind](#) while trying to get the filling inside.

One of the best examples of these is the classic Kong.

It's durable and non-toxic.

Plus, the toy comes in a hollow body shaped like a snowman.

So it offers enough space for yummy filling.

What you'll need

Durable rubber toy.

First, the Kong must suit your dog's size for a safe, enjoyable experience.

And also to ensure you're giving them the right amount of treats.

Kong size	Dog's weight
Extra small (XS)	≤ 5 lb (2.3 kg)
Small (S)	6-20 lb (2.7-9 kg)
Medium (M)	21-35 lb (10-16 kg)
Large (L)	36-65 lb (16.3-29 kg)
Extra large (XL)	66-90 lb (30-41 kg)
Extra-extra large (XXL)	> 90 lb (41 kg)

Filling ingredients

There are a lot of yummy combinations for your dog.

But I listed some of the easiest and most popular ones:

Recipe	What you'll need
Classic peanut froyo	4.2 oz (120 g) plain yogurt. 4.2 oz (120 g) peanut butter.
Blue froyo	2.1 oz (60 g) blueberries. 5.3 oz (150 g) plain yogurt.
Banana peanut fest	1 mashed banana. 1 tsp (6.2 g) peanut butter. 5.3 oz (150 g) plain yogurt.
Savory snack	1.2 oz (35 g) fresh peas. 1 tbsp (21.3 g) cottage cheese. 1 steamed, mashed sweet potato.
Fruity oats	1 sliced banana.

	7 oz (200 g) apple sauce. 1 tsp (6.2 g) peanut butter. 2.8 oz (80 g) plain rolled oats.
Meaty meal	1.2 oz (35 g) blended peas. 1.2 oz (35 g) blended carrots. 3.5 oz (100 g) cooked plain rice. 2.7 oz (80 ml) unseasoned beef/chicken stock.

Skip peanut butter if your vet advised it and your furry friend has:

- Diabetes.
- Pancreatitis.
- [Overly-sensitive tummy](#).

Trivia: [Cottage cheese](#) has lower fat, sodium, and lactose levels than other kinds. So it's less likely to upset your dog's tummy. Plus, it has fewer calories which avoids obesity.

Appetizer/stopper ideas

Use these to seal the Kong's holes.

They can also serve as '*appetizers*' to lure your dog because they're the 1st thing they'll see and lick.

- [Liver treat paste](#).
- Dog biscuit snacks.
- Chopped fruits/vegetables.
- Peanut butter (unsalted, unsweetened).

What to do?

1. Wash the Kong toy.
2. Blend your chosen filling ingredients in a bowl.
3. Stuff peanut butter (or dog-safe solid food) on the toy's smaller hole.
4. Spoon the filling mixture into the Kong.
5. Seal the bigger hole with a dog biscuit snack and treat paste.
6. Wrap the Kong in cling film to avoid leaks.
7. Freeze until stiff.
8. Remove the cling wrap and serve.

Keep any leftover filling in the fridge for next time.

Note: For starters, stuff the Kong loosely, and don't make it too hard. If it's too stiff, your dog may get frustrated and give up getting the goodies inside.

#4: Icy 'popsicles'

Instead of serving frozen treats in toys and bowls...

You may also give your dog something to hold on to as they lick them.

Say, a popsicle stick - but a safer and edible option for our 4-legged friends.

So that once the cold treat's gone...

Your dog can chew on it, which adds more fun and stimulation.

Ingredients

- Water.
- Plain non-fat yogurt.
- 1-3 kinds of dog-safe fruits.

Now, instead of wooden or plastic popsicle sticks, you may use:

- [Bully sticks](#).
- Any bone-shaped dog biscuits.

What to do?

1. Wash and prepare all the fruits.
2. Cut them into small cubes.
3. Freeze them for 3 hours.
4. Blend the sliced fruits with plain yogurt until it's '*milkshake-thick*.'
5. Add water to get the right consistency. Or use it if your dog can't digest yogurt well.
6. Pour the mixture into the popsicle molds until you're halfway.
7. Drop 3-5 tiny pieces of fruit in every hole.
8. Fill the popsicle molds until full.
9. Freeze them for 30 minutes.
10. Take them out and put your preferred stick into every mold.
11. Put them again in the fridge for 6 hours.
12. Remove the popsicles from the mold.
13. Serve.

Other tips

- Use an ice cube tray for smaller dogs instead of popsicle molds.
- Run the bottom of the mold under warm water for easy removal of the frozen treats.
- If you can't find a stick alternative, use the ones that come with the mold. But hold it and watch your dog as they finish the popsicle.

Note: It'll get messy as this melts, so feed these to your dog outside. Or prepare a washable rug underneath.

#6: Peanut butter pops

To add variety and a tasty surprise to your dog's frozen treats...

A pop of peanut butter wouldn't hurt.

In this recipe, it's the main event.

And I'm sure your furry friend will be happy to lick it under the sun.

Plus, you only need 2 ingredients to make these.

Ingredients

- Peanut butter (unsalted, unsweetened).
- Plain non-fat yogurt/unseasoned meat broth.

What to do?

1. Smear some peanut butter on the bottom of each ice mold/tray hole.
2. Fill the rest with plain yogurt or meat broth.
3. Freeze for 3-4 hours until solid.
4. Pop the cubes out of the mold/tray.
5. Serve.

Note: Although plain peanut butter's safe for dogs, it's packed with calories. So give it in moderation - 2 times at most daily. And its [serving](#) must not exceed:

- ½ tsp (3.1 g): for small dogs.
- 1 tsp (6.2 g): for medium-large breeds.

#6: Solid veggie licks

Vegetables can also be a cool summer treat.

Depending on how you'll present them to your dog.

So add a twist to the usual ice cube snacks...

And give your furry friend something they can lick for a longer time.

What you'll need

- Water.
- 3-4 kinds of dog-safe vegetables.
- Unseasoned beef/chicken broth (for picky eaters).

Commonly-used veggies you may use:

- Peas.
- Carrots.
- Lettuce.
- Broccoli.
- Cucumber.

Now, find a larger container instead of regular ice cube trays.

And ensure it's also freezer-safe, such as:

- Paper/plastic cups.
- Ziplock/freezer-safe bags.
- Empty ice cream/yogurt tubs.
- Baking pans (stainless steel/aluminum).

What to do?

1. Wash and prepare the vegetables. (These can be raw or steamed without seasonings.)
2. Chop them into bite-sized chunks.
3. Get the container mold.
4. Cover its bottom with a layer of 1 of the vegetables.
5. Fill ¼ of the mold with water. Or use unseasoned meat broth if your dog's picky.
6. Put the other sliced vegetables in.
7. Pour water/broth into the container mold until full.
8. Freeze for 3-4 hours.
9. Remove the treat from its mold.
10. Serve it to your dog in a tray or shallow bowl.

#7: Zesty soft serve

Lastly, since your dog can't have much of your Ben & Jerry's...

You can make a healthier option for them.

It's as cold, thick, and yummy.

But it's safer and offers more nutrition for your furry friend.

Plus, the recipe's easy too.

It's like making homemade ice cream but with dog-friendly items.

Ingredients

- ¼ cup (85 g) plain non-fat yogurt.
- 1 ½ cups (225 g) of any dog-safe fruit (sliced).

What to do?

1. Wash and prepare the fruit until all you've got is flesh.
2. Cut them into small cubes.
3. Do it until you fill 1 ½ cups (225 g).
4. Keep the fruit cubes in a freezer-safe container.
5. Freeze them for 3-4 hours (or overnight).
6. Put 1 ½ cups (225 g) of fruit in the blender/food processor.
7. Add ¼ cup (85 g) of plain yogurt.
8. Blend until the mixture's smooth.
9. Add more yogurt or fruit slices until you get the desired texture.
10. Serve it in your dog's bowl. Or stuff it in their favorite chew toy.

You may also try these fruit-veggie combos:

- Apple and pumpkin.
- Berry and cauliflower.
- Pineapple and cucumber.

Note: These are a better option than ice cubes if your dog tends to wolf down food. In their case, ice shavings and frozen blended mixtures are best to prevent choking.

I've said that dogs can't have too many treats.

So you might also be wondering...

How many frozen treats can I give my dog per day?

Frozen treats should be [no more than 10%](#) of your dog's daily diet.

Too many snacks mean a lot of calories. And this can make your furry pal [eat less](#) of what they need (e.g., vitamins, minerals).

"How much is 10%?"

You must know your dog's daily calorie needs first.

It depends on the following factors:

- Age.
- Breed.
- Gender.
- Lifestyle.
- Activity level.

So consult your vet for an accurate number.

Next, get the 10% of your dog's daily needs.

Then divide it by the calories of the frozen treat per serving.

And you'll know how many pieces you can allow your dog daily.

For example:

A healthy adult Fido weighing 22 lb (10 kg) needs 470 kcal/day.

And a piece of a small frozen treat has 8 calories.

Therefore, the dog can only have 47 calories for snacks daily.

So, 47 kcal a day divided by 8 calories (per treat) is around 5-6 pieces.

But since the dog can also eat other snacks throughout the day...

It's best to stick with 3-4 small pieces at most. Or 1-2 pieces if the frozen treat has a large serving.

Dog Treats With Peanut Butter (28)

#1: 2-ingredient Peanut Butter And Coconut Oil Frozen Dog Treats

Ingredients

½ cup coconut oil
½ cup peanut butter

Instructions

1. Fill a pot with a little water, just about 1-2 inches high.
2. Put your coconut oil and peanut butter in a bowl that can take heat. This bowl should fit in the pot but not touch the water.
3. Put the bowl in the pot. Heat it on low and stir until it melts.
4. Pour the melted mix into a cup with a spout, then into your treat molds.
5. Freeze your molds for about 30-60 minutes.
6. Put your treats in a sealed box in the fridge. They'll last for two weeks!

#2: Peanut Butter Pupsicle for Dogs

Ingredients

32 oz low-fat plain yogurt
2 mashed bananas
1/2 cup natural peanut butter
2 tablespoons honey
1 oz blueberries (chopped)

Instructions

1. In a bowl, mix mashed bananas, peanut butter, and honey together.
2. Add yogurt and stir until it's all mixed in.
3. Put chopped blueberries at the bottom of freeze-safe cups.
4. Fill cups with the yogurt mix and freeze them for an hour.
5. Stick a Peanut Butter Treat in the center of each partially frozen cup.
6. Freeze again for two hours until fully frozen.

#3: Peanut Butter and Fruit Ice

Ingredients

Water
1/2 cup Peanut Butter
1 cup Chopped Fruit (they used strawberries)
2 tablespoons Flax seeds

Instructions

1. Mix peanut butter and water, then pour it into a pan.
2. Add chopped fruit and flax seeds.
3. Freeze for 4 to 6 hours, then place it outside for your pups.

#4: Dirty Banana Bites for Dogs

Ingredients

1 banana
½ cup peanuts
Chop peanuts in a blender or food processor.

Instructions

1. Peel the banana and cut it into four parts.
2. Cover the banana pieces in peanuts, then freeze on wax paper.
3. If you don't have peanuts, use peanut butter instead. But make sure it doesn't have Xylitol, it's bad for dogs!

#5: Coconut and Strawberry Swirls

Ingredients

3-4 ripe bananas, peeled
32 ounces plain yogurt, low-fat
1 cup peanut butter, organic

Instructions

1. Add bananas, peanut butter, and yogurt to your blender.
2. Mix in the blender until everything's well combined.
3. Fill an ice cube tray with this mixture and put it in the freezer.

#6: Dog Ice Cream

Ingredients

16 oz of plain yogurt
1 ripe banana
1/3 cup of homemade peanut butter (you could use a bit less if desired)
Cook Mode Prevent your screen from going dark

Instructions

1. Put all the ingredients in a blender or food processor and mix until it's silky smooth.
2. Pour the blended stuff into the containers you want to freeze.
3. Let it freeze for a couple of hours until it's hard.
4. Now, let your pups enjoy! Imagine them saying thank you in their own cute way.

#7: Frozen Yogurt Dog Treats -- 3 Nourishing Flavors!

Ingredients

Parsley-Carrot Variation

1/3 cup fresh parsley chopped
1/3 cup carrots finely shredded
1-1/3 cups yogurt plain

Blueberry-Mint Variation

1/3 cup blueberries
1/3 cup fresh peppermint chopped
1-1/3 cup yogurt plain

Peanut Butter Variation

1/3 cup peanut butter
1-2/3 cup yogurt plain

Instructions

1. Pick the recipe you want to make.
2. Put all the stuff from your chosen recipe into a bowl.
3. Mix it well, then spoon it into an ice cube tray, silicone mold, or cookie-sized mounds on a lined baking tray.
4. Leave it in the freezer for a few hours until it's totally frozen.
5. Give your dog these cool treats on a hot day to make them super happy!

#8: Sweet Potato Dog Ice Cream

Ingredients

16 oz of plain yogurt
1/3 cup of sweet potato puree* (can be swapped for canned pumpkin if desired)
1/3 cup of homemade peanut butter (you could use a bit less if desired)

Instructions

1. Put all the stuff in a blender or food processor and blend until it's smooth. Or, mix it in a bowl, squishing the sweet potato into small bits.
2. After everything's blended, pour the mix into containers that you want to freeze.
3. Stick it in the freezer for a few hours until it gets hard.
4. Time to treat your pups! Enjoy seeing them happy and pretend they're saying thanks.

Note

For sweet potato puree, just cook a sweet potato and mash it until there are only tiny chunks left.

#9: Strawberry & Apple Frozen Dog Treats

Ingredients

8 Strawberries Stalks removed
1 Apple Peeled, cored, and chopped
1-2 tbsp Peanut Butter Make sure it doesn't contain Xylitol, as that is poisonous to dogs
1 Splash of water
1 Silicon ice cube tray

Instructions

1. Blend the strawberries until they're mushy.
2. Spoon this mushy mix into your ice cube tray, but only fill half of each cube.
3. Wash your blender so it's ready for the next part.
4. Put chopped apple, peanut butter, and a little water into the blender and blend until it's smooth.
5. Top up your ice cube molds with this new mix. Now they're ready to freeze!

#10: Ice Cream Cloud Nine

Ingredients

1 ripe banana
1 cup of peanut butter
2 cups of natural plain yogurt
2 tbsps. of honey

Instructions

1. Squish the banana and mix it with the yogurt.
2. Warm up the peanut butter in the microwave or on the stove so it's easy to stir.
3. Mix in the banana-yogurt mix and honey with the softened peanut butter.
4. Stir everything together really well.
5. Pour the mix into a non-stick container and let it freeze overnight.

Ice Cream Topping Safe to Use

A spoonful of applesauce
Some dribbles of honey
Bits of crispy bacon
A sprinkle of rice crispies
Dashes of toasted sesame seeds

Freeze for at least 6 hours, ideally overnight.

Note

Once frozen, they are ready to feed your dog! Remember - these are an occasional treat, and one per day is plenty!

#11: Frozen PB & Fruit Dog Treat Recipe

Ingredients

Water
1/2 cup Peanut Butter
1 cup Chopped Fruit (strawberries)
2 tablespoons Flax Seeds

Instructions

1. Mix peanut butter and water in a blender, then pour it into a bundt or cake pan.
2. Sprinkle chopped fruit and flax seeds into the pan.
3. Let it freeze for 4 to 6 hours, then it's ready for your pups to enjoy outside!

#12: Super Easy 2-ingredient Frozen Dog Treats

Ingredients

½ cup peanut butter
½ cup coconut oil

Instructions

1. Pour 1-2 inches of water into a pot.
2. Put your ingredients in a heat-safe bowl that fits in the pot without touching the water.
3. Place the bowl in the pot, heat on low, and stir until it's all melted.
4. Pour the liquid into a measuring cup with a spout, then into your treat molds.
5. Freeze the molds for about 30-60 minutes.
6. Keep your treats in a closed box in the fridge for up to two weeks.

Notes

If the peanut butter feels too dense, you can warm it for 30 seconds in the microwave.
Store these treats in an airtight container in the refrigerator for up to 2 weeks.

#13: Peanut Butter & Banana Frozen Dog Treats

Ingredients

- 1 Banana
- 2 tsp Peanut Butter (Ensure it does NOT contain Xylitol as it's poisonous to dogs)
- 3 tbsp Natural yogurt
- 1 splash Water

Instructions

1. Cut the banana, put it in a blender, and blend until it's smooth.
2. Add peanut butter, yogurt, and a bit of water.
3. Blend again until smooth. If it's too thick, add more water and blend again.
4. With a small spoon, fill your ice cube tray to the top.
5. Let it freeze for at least 6 hours, or better yet, overnight.

#14: Homemade Peanut Butter Frosty Paws Treats For Dogs

Ingredients

- 1 6 oz plain yogurt (Greek Yogurt)
- 1 tablespoon honey
- 1 tablespoon peanut butter
- 2 Tablespoons no sugar added applesauce

Instructions

1. Mix all the stuff in a bowl until it's well combined.
2. Pour the frosty paws mix into an ice tray.
3. Freeze it for about 2 hours until it's hard.
4. Pop out the frozen treats from the tray and give them to your pup.
5. Store any leftover treats in a freezer bag for later.

Note

Always make sure your dog isn't allergic to the ingredients and that they're safe for dogs. You can use different ingredients too. If you want to add fresh or frozen fruits like bananas or blueberries, use a food processor or blender.

#15: Easy Peanut Butter “Pupsicle” Frozen Dog Treats

Ingredients

- 5 ounces organic plain yogurt
- 1/2 medium banana
- 2 Tablespoons organic/all-natural peanut butter
- 12 organic pretzel sticks

Instructions

1. Put yogurt, banana, and peanut butter in a blender or food processor. Blend until it's creamy and smooth.
2. Spoon the mix into an ice cube tray. Fill each space all the way. Stick one pretzel into the middle of each space. The mix should be thick enough to keep the pretzel standing.
3. Put the tray in the freezer for about 1-2 hours until they're totally frozen.

Note

After they're frozen, keep them in a covered container in the freezer to avoid freezer burn. And remember, check with your vet before giving your pet new types of food.

#16: Frozen Peanut Butter-Yogurt Dog Treats

Ingredients

1 cup (258 g) creamy peanut butter, melted
32 ounces (907.19 ml) plain yogurt

Instructions

1. Get two baking sheets and line them with parchment paper.
2. In a bowl, mix the melted peanut butter and yogurt until it's smooth.
3. With a medium-sized cookie scoop (or just 2 tablespoons), put scoops of the mix on the baking sheets. Freeze them for about an hour until they're completely frozen.
4. Put the treats in a freezer-safe container or zip-top bag. They'll keep in the freezer for up to 2 months.

#17: 3 Ingredient Frozen Dog Treats

Ingredients

1 cup chicken stock
1 cup peanut butter*
2 tablespoons chopped fresh parsley leaves

Instructions

1. Mix peanut butter and parsley in a small bowl and put it aside.
2. Pour chicken broth into a silicone ice cube tray, filling halfway. Freeze for about an hour until it's set.
3. Spoon the peanut butter mix into the tray on top of the broth. Freeze again until it's hard, which will take at least 4 hours.

#18: Dairy-free Frozen Puppy Yogurt

Ingredients

12 ounces of coconut milk
1 cup natural unsweetened peanut butter*
1 cup carrot
4 probiotic capsules (optional, I like GutSense)
1 teaspoon pure maple syrup

Instructions

1. Put all the ingredients into a blender and blend until it's smooth.
2. Pour the smoothie into containers that can be frozen, seal them with a lid, and freeze for 4-6 hours.
3. Serve the treats frozen and watch your puppy have fun eating them!

#19: Carob Fudge Popsicle for Dogs

Ingredients

2 frozen bananas
1 can full-fat coconut milk
1/4 cup carob powder
1 T maple syrup
3 T peanut butter

Instructions

1. Add all the stuff to a powerful blender and blend until it's smooth.
2. Share the mixture equally in 12 popsicle molds, stick a pet treat or popsicle stick in each, and freeze for at least 4 hours. Overnight is even better.
3. Let them thaw for 5-10 minutes before you take them out of the molds.

#20: Peanut Butter & Banana Popsicles (for Peanut Butter Lovers)

Ingredients

1 cup plain or vanilla low-fat Greek yogurt*
2 tbsp peanut butter*
1 banana
Edible bones or bully sticks.

Note

Make sure the yogurt and peanut butter don't contain xylitol.

Instructions

1. Mix yogurt, peanut butter, and banana in a blender until it's smooth.
2. Put the mix into paper cups.
3. Stick in an edible bone or bully stick and put them in the freezer.
4. Peel the paper cup off and give it to your pup.

Tip

For an extra fun treat, swap the edible stick with a rubber or Nylabone-type chew toy!

#21: The Elvis

Ingredients

- 1/2 Organic Banana
- 2 1/2 TBSP of Organic Unsalted Peanut Butter

Instructions:

1. Get a baking sheet, cover it with parchment paper, and put it aside.
2. Mash half a banana in a bowl with a fork. Add peanut butter to the banana and mix them up.
3. Put the mix into an icing bag (or a plastic bag with a cut corner). Squeeze out small blobs onto your baking sheet like little chocolate kisses.
4. Freeze them for at least 2 hours. When they're totally frozen, put the treats into a container that can go in the freezer and seal it tight.

#22: Frozen Treat Recipe

Ingredients

- 1 cup 100% pumpkin
- 1 cup peanut butter
- ¼ cup Greek yogurt, plain, unsweetened (amount may vary depending on the molds you choose to use)
- Treat sticks such as Pup-Peroni (break them to fit the size of the mold you choose to use)

Instructions

1. Coat your mold with Greek yogurt. Make sure it's a thick layer so it's sturdy.
2. Mix pumpkin and peanut butter. Put a spoonful of this mix in the middle of the mold. The amount depends on how big the mold is.
3. Press the pumpkin mix gently so the mold is flat.
4. Stick a treat stick into the mold from the top (if using cups) or the side (if using popsicle molds).
5. Freeze them for a few hours.
6. Pull the treats out of the molds gently and give them to your pup. You can also keep them in a sealed container for later.

Tip

If you want to make these treats quicker, mix yogurt, peanut butter, and pumpkin and press into molds. You don't need to line the mold first. It might not look as fancy, but your dog won't mind!

#23: Granola And Peanut Butter Frozen Dog Treats

Ingredients

Plain Non-fat Greek Yogurt
Peanut Butter, creamy or crunchy
Blueberry granola

Instructions

1. These frozen dog treats take just 10 minutes to make! Simply mix the peanut butter and yogurt together.
2. Place the mixture into your dog silicone molds, then pat some granola on top and freeze. It takes about 3 hours in the freezer.
3. Feed one to your waiting pup!

#24: Homemade Peanut Butter Cups For Dogs

Ingredients

½ cup carob chips
⅓ cup creamy peanut butter
1 tablespoon coconut oil

Instructions

1. In a microwave-safe dish, heat oil and carob chips in 20-second intervals. Line the pan with mini cupcake liners. Spoon the carob mix into the liners, pressing to coat the sides and bottom. Freeze briefly to harden.

Note

You can keep the carob warm by placing the dish in a cup of hot water.
Heat the peanut butter in the microwave until almost liquid. Spoon the mixture into the center of each coated cup. Freeze again to harden.
Reheat the carob mix if needed. Spoon it over the peanut butter to seal. Freeze once more to harden. Your treats are now ready!

#25: Yogurt, Banana, And Peanut Butter Dog Treat Recipes

Ingredients

16 ounces plain Greek yogurt
1 over-ripe banana
1 ¼ tablespoon peanut butter

Instructions

Blend yogurt, peanut butter, and plain banana until smooth and runny. Add water if needed.
Place doggy molds on a cookie sheet.
Fill molds with the mixture.
Freeze for 2 to 2 ½ hours until solid.
Remove treats from molds and store in a Ziploc bag or airtight container.

Notes

Use a cookie sheet for easy transfer.
Store treats in a Ziploc bag or airtight container.
Treats last up to 3 months in the freezer.
Serve immediately after removing from the freezer.

#26: Homemade Frozen Peanut Butter Oats Dog Treats

Ingredients

⅓ cup quick oats
1 cup water
1 over-ripe banana
¼ cup dog-safe creamy peanut butter

Instructions

1. Combine all ingredients in a blender.
2. Blend until smooth and fully blended.
3. Place molds on a cookie sheet for easier handling.
4. Fill molds with the mixture.
5. Freeze for about 2 hours or until fully frozen.
6. Store in Ziploc bags or an airtight container.

Note

If you don't have dog treat molds, an ice cube tray can be used as an alternative.

#27: Banana Peanut Butter Dog Ice Cream

Ingredients

2 bananas ripe
½ cup peanut butter sugar-free
16 oz Greek yogurt low fat

Instructions

1. In a medium bowl, mash the bananas with a fork.
2. Spoon in the peanut butter and mix until smooth.
3. Add the Greek yogurt and stir until mixed through.
4. Pour into a sealable container and freeze for 4 to 5 hours until firm.
5. When serving, defrost slightly if too icy.

#28: Frozen Yogurt Dog Treats -- 3 Nourishing Flavors!

Ingredients

Parsley-Carrot Variation

1/3 cup fresh parsley chopped
1/3 cup carrots finely shredded
1-1/3 cups yogurt plain

Blueberry-Mint Variation

1/3 cup blueberries
1/3 cup fresh peppermint chopped
1-1/3 cup yogurt plain

Peanut Butter Variation

1/3 cup peanut butter
1-2/3 cup yogurt plain

Instructions

1. Pick the variation you want to make.
2. Put all the ingredients for that variation into a mixing bowl.
3. Mix everything well and spoon the mixture into an ice cube tray, silicone mold, or make cookie-sized mounds on a baking tray lined with parchment paper.
4. Freeze them for several hours until they're completely frozen.
5. Treat your dog to a cool and healthy snack on a hot day and make them happy!

Dog Treats With Yogurt (43)

Ingredients

Baking mold or ice cube trays
2-cup glass measuring cup
Blender or food processor
Frozen blueberries (unsweetened)
Frozen strawberries (unsweetened)
Plain yogurt (non-fat)
Peanut butter (check label for no sugar or xylitol)
Water

#29: Frosty Peanut Butter Pupsicles

Instructions

1. In a liquid measuring cup, combine 4 oz peanut butter, 3 oz water, and 2 oz yogurt to make a 9 oz mixture.
2. Blend until smooth, adjusting consistency with more water if needed.
3. Pour the mixture into the second row of wells in the tray.
4. If necessary, use a spoon or add more water to achieve desired consistency.
5. Clean up the tray if needed.

#30: Frozen Strawberry Yogurt Dog Treats

Instructions

1. Clean your blender by filling it halfway with warm water and soap, blending to remove residue, and rinsing.
2. Add a handful of frozen strawberries (4-6 berries) to the blender.
3. Pour in 2 oz of yogurt and 2 oz of water.
4. Blend the mixture, adding water if necessary to aid the blending process. Leave it slightly chunky if desired.
5. Spoon the batter into the third set of wells, being careful with any splashing berry chunks.

Notes

Measure the depth of the wells in your mold to ensure accurate filling and prevent excess waste.

Create a flat space in your freezer to allow the pupsicles to set evenly.

Place a baking sheet or similar support under your silicone mold for easier handling when full.

Feel free to substitute different dog-safe fruits or veggies based on your preferences. For example, you can use blueberries instead of green beans or pumpkin instead of peanut butter.

#31: Homemade Dog Treats Recipe

Ingredients

32 oz. plain yogurt
1 mashed ripe banana
2 tablespoons peanut butter
2 tablespoons honey

Instructions

1. Use a blender or mixer to combine all the ingredients thoroughly.
2. Freeze the mixture in ice cube trays or use small paper cups and disposable egg cartons as molds.
3. When frozen, microwave for a few seconds to soften, then unmold the treats and store them in a plastic bag in the freezer. Note: For Styrofoam egg cartons or cups, briefly rest them in warm water to loosen contents before unmolding. Avoid microwaving Styrofoam unless it's labeled as microwave-safe to prevent melting.

Variations

Use flavored yogurt or fruit-infused yogurt instead of plain yogurt. Vanilla, blueberry, and strawberry/banana are good options. Note that some dogs may have digestion issues with yogurt, so introduce it gradually and monitor their response.

Mix the yogurt with a packet of low-sodium powdered chicken bouillon and a cup of low-sodium chicken broth.

Substitute a large jar of baby food for the banana. Meat baby food can be used instead of the banana, peanut butter, and honey. Adjust the quantity based on your dog's preference.

Blend the yogurt with canned mackerel or salmon for added flavor.

Puree scrambled or boiled eggs with yogurt. Use caution with raw eggs to avoid salmonella contamination.

Blend the yogurt with raw chicken or beef liver in small quantities, as the liver is rich and can cause digestive issues if consumed in large amounts.

#32: Chilled Cucumber Canine Cubes

Ingredients

1 Cucumber of Medium Size
1 Cup of Natural Yogurt
1/8 Cup of Honey

Instructions

1. Toss all the ingredients into your blender.
2. Process the mixture until everything is smoothly combined and the cucumber is finely chopped.
3. Arrange your molds on a baking sheet, and then carefully pour your mixture into them.
4. Position the molds in the freezer. Allow them to freeze for at least 3 hours or until they're completely frozen.
5. Once they're frozen, remove the treats from the molds and store them in a sealable container until they're ready to be served.

#33: Chilled Melon And Yogurt Pup Pops

Ingredients

1 Cup Freshly Chopped Cantaloupe
½ Cup Plain Yogurt
2-3 Stick Dog Treats (Optional)

Instructions

1. Put the yogurt and cantaloupe into your blender.
2. Blend on high speed until the mixture is completely smooth.
3. Pour the mixture into molds, leaving a little space at the top to avoid spillage in the next step.
4. If desired, cut pieces from the stick treats and put them in each mold to create a popsicle stick. You can skip this step if you prefer.
5. Position the molds in the freezer and let them freeze for at least 2 hours or until they're fully frozen.

#34: Frozen Beef Pupsicle

Ingredients:

1 cup of low-fat plain yogurt
1/2 cup of beef broth
1 Beef Treat

Instructions:

1. Whisk the yogurt and beef broth together until smooth.
2. Spoon the yogurt mixture into 3 oz cups.
3. Place the cups in the freezer until partially frozen.
4. Insert a Just Food For Dogs Beef Treat into the center of each Pupsicle to create a stick.
5. Return the cups to the freezer and let them freeze completely for about two hours.
6. For smaller Pupsicles, use an ice cube tray instead of the 3 oz cups.
7. To serve, gently press the bottom of the cup to release the Pupsicle into a bowl.

#35: Molasses Pops Recipe

Ingredients

1 cup plain yogurt
½ cup pureed strawberries
¼ cup pureed blackberries
1 teaspoon blackstrap molasses (optional)

Instructions

1. Combine the yogurt, strawberry, and blackberry puree, and optional molasses in a bowl. Ensure a thorough mix.
2. Dispense the mixture into your chosen molds.
3. Add a dog treat into each mold to act as a fun 'stick' if you like. This step is optional.
4. Place the filled molds into the freezer until they're completely frozen.

Note: For making purees, simply blend a batch of strawberries or blackberries until they're smooth. These purees can be used in many other recipes or stored in the freezer for future use.

#36: Berry Blast Pupsicles Recipe

Ingredients

- 1 cup plain yogurt
- ½ cup strawberry puree
- ¼ cup blackberry puree
- 1 teaspoon blackstrap molasses (optional)

Combine all ingredients completely, then pour into molds and freeze. Because this is a fairly thick mixture, it makes a fun treat to add a dog chew or treat as a little “handle” for your dog.

Instructions

1. In a bowl, combine the plain yogurt, blueberry puree, raspberry puree, and honey (if using).
2. Mix well until all ingredients are thoroughly combined.
3. Pour the mixture into popsicle molds or ice cube trays.
4. Place the molds in the freezer and let them freeze for several hours or until solid.
5. Once frozen, remove the pupsicles from the molds and serve to your dog as a refreshing treat.

Note

You can adjust the fruit quantities and types based on your dog's preferences and what you have available. Just make sure to avoid any fruits that are toxic to dogs. Enjoy!"

#37: Stacked Delight Pops

Ingredients

- 1 cup plain yogurt
- 1 cup strawberry puree

Instructions

1. Fill each mold or ice cube tray halfway with yogurt. Using a turkey baster can simplify this step.
2. Gently layer the strawberry puree on top of the yogurt in each mold.
3. Freeze the molds until the popsicles are completely set.

#38: Berry and Coconut Twirls

Ingredients

½ cup coconut milk
½ cup plain yogurt
¼ cup strawberry puree

Instructions

1. Take about 1/2 cup of fresh or frozen strawberries, remove their caps, and blend until smooth. Alternatively, use any other fruit that your dog enjoys.
2. Stir the coconut milk thoroughly, then mix in the yogurt and the strawberry puree.
3. Pour the mixture into ice cube trays, popsicle molds, or even paper cups.
4. Freeze the filled molds until the treats are fully set.

#39: Patriotic Pooch Popsicle Recipe

Ingredients

Strawberries or Watermelon
Blueberries
Coconut Oil or Plain Greek Yogurt

Instructions

1. Blend your chosen fruit - either strawberries or watermelon.
2. Fill your ice cube tray or paw print mold about 1/3 full with the fruit blend.
3. Freeze this first layer for roughly 2 hours.
4. If using coconut oil, melt it for easier pouring.
5. Pour the yogurt or melted coconut oil into your mold until it's 2/3 full, leaving space for the final layer.
6. Freeze this layer for about 2 hours.
7. Blend the blueberries.
8. Fill the remainder of your mold with the blueberry blend.
9. Freeze for 4-6 hours or until the entire treat is fully frozen. The freezing time may vary depending on the size of your mold.

Helpful Hints

The exact quantity of fruits is flexible. However, it's recommended to limit the coconut oil to less than a teaspoon per treat.
Frozen strawberries can be used in place of fresh ones.
To achieve a smoother, more pourable fruit blend, consider adding a little water during blending.
If preferred, each mold can be filled with just one type of fruit blend.

#40: Icy Breath-Refreshing Dog Treats

Ingredients

1/4 cup fresh mint (Note: Do not use English pennyroyal mint as it's harmful to dogs)
1/4 cup fresh curly-leafed parsley
1 cup plain Greek yogurt

Instructions

1. Finely chop the mint and parsley.
2. Add the Greek yogurt to a bowl, followed by the chopped mint and parsley.
3. Stir the ingredients until they're well mixed.
4. Fill ice cube trays with this mixture and freeze for at least 3 hours.
5. After they're fully frozen, remove the treats from the trays and store them in a freezer-safe container.

Handy Hint

Using a cookie sheet under silicone ice cube trays will simplify the process of transferring them to the freezer.

#41: Quick Frozen Carrot-Apple Canine Treats

Ingredients

1 carrot, cut into chunks or a handful of baby carrots
1/2 apple, cored and cut into chunks
1/4 cup plain Greek yogurt

Instructions

1. Chop the carrot into chunks.
2. Core the apple, chop it into chunks, and discard the core as it's harmful to dogs.
3. Blend the carrots in a food processor. Add a splash of water to achieve a somewhat soupy consistency.
4. Pour the carrot mixture into your chosen mold, filling it only halfway.
5. Freeze for 2 hours.
6. Blend the apple chunks and yogurt in the food processor. Add a little water, if needed, to achieve a soupy consistency.
7. Take out the molds from the freezer and fill the remaining half with the apple-yogurt blend.
8. Freeze for several more hours until completely set.
9. To remove the treats from the mold, push gently on the side until they pop out.

#42: Chilled Strawberry-Banana Delights for Dogs

Ingredients

2 cups Frozen Strawberries
2 Bananas, sliced & frozen
1½ cup plain, non-fat Greek Yogurt
¼ cup Skim Milk
2-3 Tbl. Honey
Silicone Molds or ice cube trays

Instructions

1. Combine all ingredients in a blender. Blend until the mixture is smooth and creamy, akin to a milkshake.
2. Pour the blended mixture into your chosen silicone molds or ice trays. For stability, you might find it helpful to place the molds on a baking sheet.
3. If you wish, add a few pieces of strawberries for an extra burst of flavor and texture.
4. Freeze the filled molds overnight.
5. Serve and watch your pups relish their tasty, cooling treat!

#43: Chilled Strawberry-Banana Canine Smoothie Treats

Ingredients

2 cups of Sliced Strawberries or a 16-ounce bag of Frozen Strawberries
1½ cups Low Fat Plain Greek Yogurt
1-2 sliced bananas
¼ cup of Skim Milk
3 tablespoons of Honey

Instructions

1. Add all the ingredients to your blender.
2. Set the blender to medium speed.
3. Blend the ingredients for roughly 2 minutes until smooth.
4. Pour the blend into your preferred molds or ice cube trays.
5. Freeze the filled molds for a minimum of 4 hours.
6. Pop the treats out of the molds when ready to serve.

Storage tip: Store the treats in zip-lock bags or airtight containers. When properly sealed and stored, these treats can last in the freezer for up to 2 months. However, they're likely to be enjoyed by your pups well before then!

Note: Feel free to substitute strawberries with other dog-safe fruits or vegetables, such as watermelon, blueberries, mango, or pumpkin (never grapes). Bananas add a unique creaminess, but you could also add some peanut butter. Tailor the treats to suit your dog's taste, but rest assured, they'll probably love this combination!

#44: DIY Strawberry Frozen Yogurt Dog Treats

Ingredients

1 package of fresh strawberries (1lb)
1/4 cup skim or low-fat milk
1 cup plain low-fat or non-fat yogurt
frozen yogurt dog treats

Instructions

1. Rinse the strawberries and cut them into thirds (or pieces small enough to blend easily).
2. Put the strawberries in a blender.
3. Add the milk and yogurt.
4. Blend for 30 seconds or until the concoction is a smooth liquid.
5. Pour the mixture into an ice cube tray and freeze for about 3 hours.
6. Release the treats from the tray and let your dogs enjoy!

#45: Dog Watermelon Popsicles

Ingredients

500 gms Watermelon, cubed and deseeded
200 gms Plain Yogurt

Instructions

1. Blend watermelon and yogurt until smooth.
2. Fill the silicone mold with the mixture.
3. Freeze for 2-3 hours.
4. Serve the cold popsicles to your dog.

Notes

Deseed watermelon before feeding to dogs.
Use plain yogurt. Avoid sweetened or flavored ones.
Place mold on a tray to prevent spills.
Ice-cube trays can be used as an alternative.
Some dogs may be lactose intolerant. Omit yogurt if necessary.
Store leftover popsicles in an airtight container in the freezer.

#46: Frozen Strawberry Banana Dog Treats

Ingredients

1 cup strawberries, chopped
1 large banana, chopped
½ cup plain Greek yogurt
⅓ cup coconut milk
2 Tbsp honey

Instructions

1. Combine all ingredients in a blender and blend until smooth.
2. Pour the mixture into a silicone mold tray and freeze for 2-4 hours.
3. Remove the tray from the freezer and flip upside-down to release the treats.

#47: Strawberry Ice Cream

Ingredients

- 1 small tub of fresh strawberries
- 3 or 4 cups of low/non-fat, plain yogurt

Instructions

1. Mash the strawberries using a potato masher.
2. Mix strawberry mash with yogurt and then freeze overnight.

#48: Carob Chip Ice Cream

Ingredients

- 2 six-ounce containers of low/non-fat, plain yogurt
- 1/3 cup of carob chips
- 1 tbsp. of honey

Instructions

1. Mix all the ingredients in a bowl until well-combined.
2. Pour them into cupcake liners or ice cube trays.
3. Freeze until solid.

#49: Frozen Strawberry & Blueberry Dog Treats

Ingredients

- 1/2 cup whole blueberries
- 1 cup chopped strawberries
- 1 cup plain yogurt

Instructions

1. Combine all ingredients until mixed.
2. Pour the mixture into molds and freeze for at least 4 to 5 hours before serving.

#50: Frozen Yogurt & Watermelon Dog Treats

Safety Tip: Use ONLY plain Greek yogurt with NO added sugars!

Ingredients

4 Cups Seedless Watermelon, cubed
12 OZ Plain Greek Yogurt (make sure there are no added sugars)

Instructions

1. Puree the watermelon chunks until smooth.
2. Place 1 tablespoon of Greek yogurt into each ice cube tray mold.
3. Fill the rest of the mold with the watermelon puree.
4. Freeze for 4+ hours.
5. Remove from the mold and store in an airtight container in the freezer.

#51: Strawberry & Blueberry Yogurt

Ingredients

1/2 cup whole blueberries
1 cup chopped strawberries
1 cup plain yogurt

Instructions

1. Combine all ingredients until mixed.
2. Pour into molds and freeze for at least 4 to 5 hours before serving.

#52: Blueberry and Yogurt Frozen Treats

Ingredients

1/2 cup whole blueberries
1 cup chopped strawberries
1 cup plain yogurt

Instructions

1. Whisk together 4 ounces of yogurt and 4 ounces of water to create the base. Adjust the quantities to achieve the desired creaminess and calorie level.
2. Pour the mixture into one row of 5 wells, leaving enough space for the blueberries.
3. Add blueberries to each well until almost filled, considering that the treat will expand during freezing and leave some extra space to prevent spills.

#53: Yogurt and Berries Dog Treats

Ingredients

1 cup (8oz/120g) plain yogurt
10 diced strawberries

20 blueberries

Instructions

1. Scatter strawberries and blueberries in the dog treat mold or ice cube tray.
2. Spoon the yogurt over the berries, filling evenly and smoothing the top.
3. Tap the mold on the counter to remove air bubbles and ensure even distribution.
4. Freeze for at least 5 hours or overnight.
5. To remove the treats, tap the mold on the counter to loosen and turn out. If needed, run the mold under warm water to help release the treats.
6. Store in the freezer for up to 3 months.

#54: Pumpkin Carrot Pupcakes

Ingredients

3/4 cup pumpkin puree
1/2 cup plain Greek yogurt
4-5 Milo's Kitchen home-style chicken jerky, cut in half

Instructions

1. Whisk together pumpkin puree and Greek yogurt until smooth.
2. Spoon the mixture into small bathroom cups or an ice cube tray. Place a piece of Milo's Kitchen home-style chicken jerky on top as a handle.
3. Freeze for at least two hours or until solid.
4. Serve these delightful pumpkin chicken jerky pupsicles to your furry friend.

#55: Frozen Watermelon And Carob Pup Pops

Ingredients

1 cup cubed seedless watermelon
1/4 cup carob chips
3/4 cup plain Greek yogurt
1/3 cup flaxseed meal

Instructions

1. Blend watermelon, flaxseed, and yogurt until smooth.
2. Place a few carob chips in each mold.
3. Pour blended mixture over the chips in the molds.
4. Freeze the molds until fully solid, approximately 3 hours, depending on mold size.

#56: Cantaloupe And Yogurt Pupsicles

Ingredients

½ cup plain yogurt
1 cup fresh diced cantaloupe
2-3 stick dog treats

Instructions

1. Add yogurt and cantaloupe to the blender.
2. Blend on high until fully blended and smooth.
3. Pour the blended mixture into molds, leaving a little space at the top to prevent overflow.
4. Cut pieces of the stick treats and insert them into each mold to create popsicle sticks (optional).
5. Place the molds in the freezer and allow them to freeze for at least 2 hours or until completely solid.

#57: Bones and Paws Banana Yogurt Flax Dog Treats

Ingredients

1 overripe banana
1 cup plain Greek yogurt
¼ cup flaxseed meal

Instructions

1. Peel the banana and place it into the blender.
2. Add the yogurt and flaxseed meal to the blender with the banana.
3. Blend on high until everything is fully mixed.
4. Lay your molds on a cookie sheet and fill them with the mixture.
5. Place the cookie sheet with the molds in the freezer until fully frozen, usually around 3 hours.
6. Once frozen, remove the treats from the molds and store them in an airtight container in the freezer.

#58: Ruby Red, White, And Blue Frozen Dog Treats

Ingredients

1 banana
1 cup cut strawberries
1 cup blueberries
¼ cup plain Greek yogurt

Instructions

1. Cut the banana into sections.
2. Hull and halve the strawberries.
3. Blend the blueberries in a food processor to create a liquid.
4. Pour the blueberry liquid into molds, filling them ⅓ full.
5. Freeze for at least one hour or until solid.
6. Blend the banana and yogurt in the food processor.
7. Pour the banana-yogurt mixture into the molds, filling them ⅔ full.

8. Freeze for at least one hour or until solid.
9. Blend the strawberries in the food processor.
10. Pour the strawberry liquid into the molds until full.
11. Freeze for at least one hour or until solid.

Notes

A deeper mold will be better for this treat.

Put your silicone molds on a cookie sheet for easy movement.

Make sure you have a location in the freezer cleaned out and that the cookie sheet will fit for sure.

Use a relatively lightweight, easy-to-handle pourable cup for pouring the liquid into the molds because you are aiming for such a small and thin area.

These treats melt pretty fast.

#59: Frozen Pumpkin Paw Pup Dog Treats

Ingredients

½ cup plain Greek yogurt

½ cup pumpkin puree

Instructions

1. Clear out enough space in the freezer to hold a cookie sheet.
2. In a mixing bowl, combine yogurt and pumpkin puree.
3. Place the silicone mold onto a cookie sheet.
4. Spoon the mixture into the paw print silicone mold.
5. Place the filled mold in the freezer.
6. Freeze for 2 hours.

Notes

To stretch the mixture, add a tablespoon or two of water.

Feed only 1 treat per day. Monitor for lactose intolerance symptoms like itching or red skin.

Discontinue dairy if any issues occur.

#60: Cucumber Yogurt Frozen Puppy Dog Treats

Ingredients

1 cup plain yogurt

1 medium-sized cucumber

⅓ cup honey

Instructions

1. Add all the ingredients to the blender.
2. Blend until fully mixed and the cucumber is finely chopped.

3. Place the molds on a cookie sheet, then pour the mixture into the molds.
4. Place the molds in the freezer and freeze for at least 3 hours or until fully frozen.
5. Remove the treats from the molds and store them in an airtight container until ready to use.

#61: Lucky St. Patrick's Day Homemade Dog Treats

Ingredients

- 1 banana
- 1 Golden Delicious apple
- 1 cup spinach
- 1 cup parsley
- ½ cup water

Instructions

1. Slice the banana into sections.
2. Cut the Golden Delicious apple into cubes.
3. Remove the stems from the parsley.
4. Add the spinach, parsley, apple, banana, and water to a blender or food processor and blend until smooth.
5. Pour the liquid into a measuring cup or squeeze bottle, then squeeze it into molds.
6. Freeze overnight.

Notes

Place the dog molds onto a cookie sheet for easier transfer to the fridge.
Use a lightweight measuring cup to pour the mixture into the molds.
These treats melt fairly quickly.

#62: Mango Banana Frozen Yogurt Dog Treats

Ingredients

- 1 ripe banana
- 1 large ripe mango
- 1 cup low-fat Greek yogurt

Instructions

1. Peel the mango and remove the stone. Cut the fruit into pieces.
2. Peel the banana and cut it into pieces.
3. Place the mango and banana into a blender and add the yogurt. Pulse until smooth.

4. Spoon the mixture into silicone molds or ice trays.
5. Place in the freezer and freeze for at least 4 hours.
6. Once frozen, remove the treats from the molds and transfer them to a ziplock bag. Store the bag in the freezer for easy access.

#63: Frozen Banana Blueberry Dog Treats

Ingredients

1 large ripe banana
½ cup blueberries
1 cup Greek yogurt

Instructions

1. Peel the bananas and place them in a blender. Add the blueberries and yogurt.
2. Blitz until smooth.
3. Spoon the mixture into ice cube trays or silicone molds, distributing it evenly.
4. Place the trays or molds in the freezer and let them freeze for at least 2-3 hours, or until solid.
5. Once the treats are completely frozen, remove them from the trays or molds and transfer them to an airtight container or freezer bag.
6. Store the treats in the freezer until you're ready to give your dog a tasty surprise!

Note

Makes approximately 20 medium-sized frozen treats.

#64: Banana Peach Frozen Yogurt Dog Treats

Ingredients

1 ripe banana
1 ripe peach
1 cup Greek yogurt

Instructions

1. Peel the banana and cut it into pieces.
2. Remove the stone from the peach and chop it into pieces.
3. In a blender, add the chopped peach, banana, and Greek yogurt.
4. Blend until you have a smooth mixture.
5. Pour the mixture into an ice cream tray or silicone dog treat tray.
6. Freeze for at least 4 hours.

Note

The number of treats will depend on the size of the tray you use to freeze them.

#65: Apple Cinnamon Frozen Yogurt Dog Treats

Ingredients

2 medium green apples
1 cup unsweetened Greek yogurt
½ teaspoon cinnamon

Instructions

1. Remove the core and seeds from the apples and chop them into small pieces.
2. Place the chopped apples, yogurt, and cinnamon into a blender or food processor and blend until smooth.
3. Spoon the mixture into silicone molds or ice cube trays. Alternatively, you can use small paper cups if molds or trays are not available.
4. Place the molds or trays in the freezer and let them freeze for at least 4 hours or until firm.
5. Once the treats are frozen, remove them from the molds or trays. If you used paper cups, simply peel off the cups.
6. Store the frozen treats in an airtight container or freezer bag in the freezer until you're ready to serve them to your dog.

Note

This recipe makes approximately 40 small treats. 4 treats are considered one serving.

#66: Frozen Blueberry Yogurt Dog Treats

Ingredients

1 cup low-fat Greek yogurt
½ cup blueberries

Instructions

1. In a medium bowl, mix the Greek yogurt and blueberries together.
2. Spoon the mixture into silicone molds or ice cube trays.
3. Place the molds in the freezer on a flat surface and freeze for at least 4 hours.

Note

This recipe makes about 20 to 25 treats, depending on the size of the mold tray used.

#67: Frozen Pineapple Peach Dog Treats

Ingredients

1 peach
1 cup pineapple chunks
1 cup Greek yogurt

Instructions

1. Remove the stone from the peach and chop it into pieces.
2. In a blender, add the chopped peach, pineapple chunks, and Greek yogurt.
3. Blend until you have a smooth mixture.
4. Pour the mixture into an ice cream tray or silicone dog treat tray. Freeze for at least 3 hours.

Note

The number of treats will depend upon the size of the tray you use to freeze them.

#68: Frozen Pineapple Banana Dog Treats

Ingredients

2 bananas, peeled
1 cup fresh pineapple, cut into chunks
¼ cup plain, unsweetened Greek yogurt

Instructions

1. In a blender, add the bananas, pineapple, and Greek yogurt.
2. Blend until you have a smooth mixture.
3. Pour the mixture into an ice cream tray or silicone dog treat tray. Freeze for 2-3 hours.

Note

This recipe makes approximately 20 treats, but the quantity may vary depending on the size of the tray you use.

#69: Frozen Strawberry Dog Treats

Ingredients

1 cup strawberries, stems removed
1 cup natural yogurt or coconut yogurt

Instructions

1. Place all the ingredients in a blender and blitz until smooth.
2. Spoon the mixture into frozen dog treat molds.
3. Freeze for at least 4 hours.

Note

The quantity of treats will depend on the size of the frozen molds used. Always check with your veterinarian before introducing any new foods into your dog's diet.

#70: Pineapple Pupsicles

Ingredients

2 cups fresh pineapple
¼ cup Greek yogurt, low fat

Instructions

1. Remove the skin and core from the pineapple. Chop into pieces.
2. Place the pineapple and yogurt in a blender and blitz until smooth.
3. Pour the mixture into popsicle containers.
4. Freeze for 4 hours until firm.

Note

Makes 6 medium popsicles.

#71: Mango Pineapple Frozen Dog Treat

Ingredients

1 cup mango, chopped
1 cup pineapple, chopped
1 cup Greek yogurt

Instructions

1. In a blender, add the chopped mango, pineapple, and Greek yogurt.
2. Blend until you have a smooth mixture.
3. Pour into an ice cream tray or silicone dog treat tray. Freeze for at least 4 hours.

Note

Makes about 12 medium treats, but this will vary depending upon the size of the tray you use to freeze the treats.

Dog Treats With Apples (3)

#72: Homemade Green Super Food Topper

Ingredients

Kale
Parsley
Coconut Oil
Apple Cider Vinegar
Chia Seeds
Dried Shitake Mushrooms
"Juice" from 1 can of Sardines in water
Bone Broth (with Turmeric)

Instructions

1. Clean kale and parsley, remove tough stems. Add 2 cups of kale and parsley to a food processor.
2. Add 2 tablespoons of coconut oil, 1 tablespoon of apple cider vinegar, and 1 tablespoon of chia seeds to the processor.
3. Pulse until finely chopped. Add 3-4 dried shitake mushrooms and "juice" from 1 can of sardines in water. Pulse again to form a thick paste.
4. Add liquid bone broth (approximately 1 cup) to the mixture. Pulse to combine.
5. Freeze the Green Superfood Topper.

Note

Adjust bone broth quantity based on food processor capacity.

#73: Frozen Apple Carrot Cubes - Dog Treats

Ingredients

1 carrot, peeled
1 apple, cored and deseeded
½ cup water

Instructions

1. Puree the carrot, apple, and water in a blender until smooth.
2. Pour the mixture into ice cube trays or molds.
3. Freeze until solid.
4. Serve to your pet in moderation.

Note

Ensure the carrot and apple are prepared safely for your dog's consumption.

#74: Apple and Pumpkin Dog Treat Recipe (or Food Toppers!)

Ingredients

Apples
Pumpkin puree
Carrots
Chia seeds

Instructions

1. Place the apples, pumpkin puree, carrots, and chia seeds in a food processor or blender.
2. Blend until well combined.
3. Pour the mixture into an ice cube mold.
4. Freeze until solid.
5. Serve as dog treats or food toppers.

Note

Ensure the carrot and apple are prepared safely for your dog's consumption.

Dog Treats With Strawberries (4)

#75: Homemade Frozen Dog Treats

Ingredients

2 (13-ounce) cans Lite Coconut Milk
1 cup Fresh or Frozen Strawberries
1 cup Fresh or Frozen Blueberries

Instructions

1. Shake the cans of coconut milk before opening to ensure it is well mixed.
2. Divide the coconut milk into three equal parts, approximately 9 ounces each.
3. For the strawberry treats, blend 9 ounces of coconut milk with 1 cup of strawberries until smooth. Pour into silicone molds or ice cube trays.
4. For the blueberry treats, blend 9 ounces of coconut milk with 1 cup of blueberries until smooth. Pour into silicone molds or ice cube trays.
5. For the coconut treats, pour the remaining coconut milk into silicone molds or ice cube trays.
6. Freeze the treats for approximately 2 hours or until firm.
7. Remove the treats from the molds and store them in an airtight container or plastic freezer bag in the freezer.

Notes

The treats can be stored in the freezer for up to 4 months.
If you prefer only strawberry or blueberry treats, use 1 can of lite coconut milk and 1½ cups of the desired fruit.

#76: Frozen Strawberry Dog Treats

Ingredients and Supplies

Fresh Strawberries

Peanut Butter (optional, make sure it does NOT contain Xylitol or other artificial sweeteners)

¼ Cup Water

Knife

Blender

Ice Cube Trays

Instructions

1. Cut off strawberry tops.
2. Add strawberries and water to the blender.
3. Blend until smooth.
4. Pour into ice cube trays.
5. Add a dollop of peanut butter to the tops (optional).
6. Freeze and serve.

Note

Ensure peanut butter is safe for dogs and does not contain Xylitol.

#77: Strawberry & Coconut Oil Dog Treats Recipe

Ingredients

1/4 Cup Organic Strawberries

1/4 Cup Unrefined Extra Virgin Organic Coconut Oil

Mini Cookie Cutters or Fun Shaped Molds

Instructions

1. Dice strawberries and fold into coconut oil until well combined.
2. Gently pack each mini cookie cutter with the strawberry-coconut oil mixture.
3. Freeze for 1 hour.
4. Remove from freezer and let set for 3-5 minutes. Gently pop out each treat from the cookie cutters.
5. Store in an airtight container in the freezer.

#78: Banana Strawberry Dog Treats

Ingredients

1 banana

3 large strawberries, finely chopped

1 large egg

1 cup rice flour

Instructions

1. Preheat the Dash Dog Treat Maker according to the manufacturer's instructions.
2. Mash the bananas in a mixing bowl until smooth.
3. Add the egg to the mashed bananas and mix well.
4. Gently fold in the diced strawberries.
5. Add the rice flour and mix until a dough forms.
6. Roll walnut-sized amounts of the dough into logs and place them in the treat maker.
7. Bake for 3 to 5 minutes until golden and firm.
8. Transfer the treats to a wire rack and let them cool completely before serving.

Note

These delicious treats yield 16 servings and should be cooked in 2 batches.

Dog Treats With Watermelon (10)

#79: Frozen Watermelon Dog Treats

Ingredients

1 cup watermelon
3-4 small dog treats

Instructions

1. Cut the deseeded watermelon into cubes, excluding the rind.
2. Use a food processor, hand blender, or rolling pin to blend the watermelon until smooth. You can add a small amount of water to stretch the batch if desired.
3. Pour the mixture into an ice cube tray or mold.
4. Break the dog treats into smaller pieces and add them to the mixture.
5. Place the tray or mold in the freezer until the treats are frozen.

#80: Watermelon Carrot Pupsicle

Ingredients

2 medium-sized carrots
3 cups watermelon

Instructions

1. Clean and roughly chop the carrots. Cut the watermelon into chunks and remove the seeds.
2. Pulse the carrots in a blender until finely chopped.
3. Add the watermelon to the blender and puree until smooth.
4. Pour the mixture into molds.
5. Freeze for 2 hours or until frozen solid.

#81: The Frosty Watermelon Dog Treat Recipe

This recipe makes 30 frozen treats.

Ingredients

2 cups seedless watermelon, pureed
1 cup coconut water or milk
1 tablespoon honey (optional)

Instructions

1. Scoop out seedless watermelon and blend until smooth.
2. Add coconut water or milk and honey to the blender. Blend well.
3. Pour the mixture into ice cube trays or silicone molds.
4. Cover with plastic wrap or a bag to avoid spillage.
5. Freeze the treats overnight.
6. To remove, defrost for a few minutes, then twist the tray or mold.

Note

Remove seeds and watermelon rind for safety. Seedless watermelons are recommended.

#82: Watermelon and Banana Pup-sicles

Ingredients

3 Cups Watermelon, cubed
1 Banana, peeled

Instructions

1. Add ingredients to blender and puree.
2. Pour mixture into ice molds and freeze until solid, approximately 4 hours.
3. Remove from mold and store in an airtight container in the freezer.

#83: Watermelon Slushies for Dogs

Ingredients

2 Cups Frozen Watermelon, cubed
1/3 Cup Cold Coconut Milk

Instructions

1. Add ingredients to blender
2. Pulse 2-3 times or until you reach your desired consistency.

#84: Watermelon Slices

Ingredients

Watermelon

Instructions

1. Give your pup watermelon slices or chunks.
2. Serve chilled, frozen, or at room temperature.
3. Choose a whole seedless watermelon.
4. Remove the rind.

Note

Use leftovers for yourself!

#85: Super Easy Frozen Watermelon Dog Treats

Note

Use seedless watermelon to prevent digestive issues.

Ingredients

One quarter of a seedless watermelon (3 cups worth).
You can use more or less depending on how many treats you want to end up with. One quarter of a watermelon will fill two ice cube trays, making 28 individual treats.

Instructions

1. Chop up your seedless watermelon into cubes.
2. Put the watermelon cubes in the blender.
3. Mix the cubes in the blender until they're the consistency of a smoothie.
4. Pour the liquid into your ice cube tray.
5. Freeze for 3 hours.

#86: Delicious Cucumber And Watermelon Frozen Dog Treats

Ingredients

3 cups of seedless watermelon
1 fresh cucumber

Instructions

1. Peel the cucumber and cut it in half lengthwise, then remove the seeds with a spoon.
2. Toss the cucumber in the blender and puree.

3. Pour about 1/4 of this mixture into the mold of your choice and freeze for at least 4 hours (preferably overnight).
4. Cut the watermelon into slices or cubes and remove the rind.
5. Remove any seeds from the watermelon and toss it in the blender to puree.
6. Pour the watermelon juice over the frozen cucumber juice that is already in the molds.
7. Let the treats set for another 4 hours or overnight.
8. Remove from the molds and serve to your pup!

#87: Watermelon Blueberry Cubes (for Fruit Lovers)

Ingredients

- 1/4 seedless watermelon
- 1 small package fresh or frozen blueberries
- 1 can coconut milk
- 1 tbsp honey (optional)

Instructions

1. Puree chunks of watermelon in a blender or food processor.
2. Blend in coconut milk and honey.
3. Fill an ice cube tray with the mixture.
4. Drop a few blueberries into each cube and freeze.

Tip

Try adding banana or strawberry slices for more variety.

#88: Watermelon Pupsicles

Ingredients

- 1 ½ cups watermelon rind, seeds removed, cubed
- 13.5 oz canned coconut milk

Instructions

1. Blend watermelon rind and coconut milk until smooth.
2. Pour mixture into popsicle molds or ice cube tray.
3. Freeze for 3 hours.

Dog Treats With Chicken (11)

#89: Chicken Puppy Pops Dog Treats

Ingredients

1 jar chicken baby food (2.5 oz)
½ cup rice flour
½ cup water
½ cup frozen peas
½ cup diced carrots

Instructions

1. In a blender, combine chicken baby food, water, peas, and carrots (reserve a small portion for texture if desired).
2. Blend until smooth.
3. Place molds on a cookie sheet for easy transfer. Add reserved peas and carrots to each mold.
4. Pour the blended mixture into each mold, covering the peas and carrots.
5. Freeze the molds for a minimum of two hours until fully frozen.

#90: Homemade Chicken Broth for Your Dog

Ingredients

One 3-pound chicken
Water

Instructions

1. Place the chicken in a large stockpot and cover it with three inches of water.
2. Bring the water to a boil, then reduce the heat and simmer for 1 hour.
3. Remove the chicken from the water and set it aside for another recipe.
4. Discard all cooked chicken bones as they can splinter and pose a choking hazard for dogs.
5. Refrigerate the broth to allow the fat to solidify on the surface. Skim off the fat before freezing the broth.

#91: Golden Vegetable Frosty Paws with Tasty Meaty Middles

Ingredients

1 carrot
1 small sweet potato
Chicken stock or water (splash)
12 small chunks of cooked chicken, turkey, or other meat

Instructions

1. Boil carrot chunks until soft.
2. Microwave sweet potato until cooked.
3. Scoop out sweet potato flesh.
4. Blend sweet potato, carrot, and a splash of chicken stock/water until smooth.
5. Fill the ice cube tray halfway with the vegetable mix.

6. Insert cooked chicken chunks into each cube.
7. Fill the tray with the remaining vegetable mix.
8. Freeze for at least 6 hours, ideally overnight.

#92: Frozen Chicken Lollipops for Dogs

Ingredients

2 handfuls cooked chicken or turkey
200 ml low-sodium chicken stock (no onion or garlic powder/extracts)
12 gravy bones (or desired quantity)

Instructions

1. Cut cooked chicken into small pieces.
2. Fill each section of the ice cube tray with the cooked meat.
3. Pour chicken stock into each section, filling them about 3/4 full.
4. Freeze for 2-3 hours.
5. Remove tray from freezer and insert gravy bones into the treats.
6. If there is room, add a little more stock to help hold the gravy bone in place.
7. Freeze for 6+ hours, ideally overnight.

#93: Simple Broth Base Recipe

Instructions

1. Boil a whole chicken in water with carrots, garlic, and low-sodium bouillon for one hour.
2. Remove chicken, strain broth, and refrigerate overnight to remove fat.
3. Skim off fat from refrigerated broth to obtain base.
4. Serve broth alone as doggie Popsicle or add meat baby food, canned fish, cooked eggs, or diced, cooked chicken for variety.
5. For extra fun, hide a small cooked treat in half-frozen broth.

#94: Simple Frozen Dog Treat Recipe

Instructions

1. Collect chicken carcasses in the freezer until you have several.
2. Put the carcasses in a pressure cooker with enough water to partially cover.
3. Cook at 15 or 20 pounds of pressure for 1.5 hours.
4. Once cool, transfer the contents to a blender or food processor and blend until smooth.
5. Mix the bone puree with equal amounts of defatted chicken broth.
6. Pour the mixture into molds and freeze.
7. Serve to your dogs and watch them enjoy!

#95: DIY Chicken Broth Dog Treats

Supplies & Ingredients

Water
Chicken Bouillon (Sodium Free! I used Herbox brand.)
Ice Cube Trays

Instructions

1. Follow the instructions on the bouillon packaging and mix chicken bouillon and water in a pitcher or Pyrex measuring cup.
2. Pour the chicken broth into the ice cube trays.
3. Place the ice cube trays in the freezer and allow the chicken broth to freeze into ice cubes.

#96: Golden Vegetable Frosty Paws with Tasty Meaty Middles

Ingredients

1 carrot
1 small sweet potato
Splash of chicken stock or water
12 small chunks cooked meat

Instructions

1. Boil carrot until soft, then chop.
2. Pierce sweet potato skin and microwave until cooked.
3. Scoop out sweet potato flesh, discard skin.
4. Blend carrot, sweet potato, and liquid until smooth.
5. Spoon mixture into ice cube tray halfway.
6. Insert cooked meat chunks in the center.
7. Fill tray with remaining mixture.
8. Freeze for 6+ hours or overnight.

#97: Chicken & Sweet Potato Pupsicles (for Meat Lovers)

Ingredients

1 small can of drained sweet potatoes (about 15 oz)
1 small can of white meat chicken (about 4 oz)
6 oz low-sodium chicken broth (without onion or garlic)
Carrot sticks

Instructions

1. Puree the sweet potatoes in a food processor or blender.

2. Fill paper cups 1/3 full with sweet potato. Insert a carrot stick in each cup and freeze using a small piece of foil to hold the carrots in place.
3. Add a layer of chicken, then cover with chicken broth until the cup is 2/3 full. Freeze.
4. Add the final layer of sweet potato and freeze.

Note

To easily fill small cups, put the pureed mixture into a ziplock bag, cut off one corner from the bottom of the bag, then squeeze the mixture into the cups.

#98: Frozen Chicken Blueberry Pup Pops

Ingredients

- 1/2 cup water
- 1 cup frozen or fresh blueberries
- 1 jar baby food, chicken (2.5 oz)
- 1 tablespoon honey

Instructions

1. Blend all ingredients in a blender until well blended.
2. Lay molds on a cookie sheet.
3. Pour mixture into molds.
4. Place in the freezer for at least 3 hours or until fully frozen.

#99: Chicken Dinner Pup Pops Dog Treat Recipe

Ingredients

- 1/2 cup rice flour
- 1 jar chicken baby food (2.5 oz jar)
- 1/2 cup water
- 1/2 cup frozen peas
- 1/2 cup frozen diced carrots

Instructions

1. Add ingredients to the blender but save about 1/4 each of the peas and carrots. I do this to give the pops a little texture; however, if you are not worried about texture, you can add them all in.
2. Run the blender until fully blended.
3. Place your silicone dog molds on a cookie sheet. Add the extra little bits you left out of the peas and carrots and distribute them among the spaces.
4. Fill each space with the blended mixture, pouring it over the peas and carrots.
5. Place the molds in the freezer for a minimum of two hours until fully frozen.

Dog Treats With Beef (2)

#100: Beef Pupsicles for Dogs made with Hamburger Meat

Ingredients

1 lb ground beef
1 cup peas
7 cups water (divided)

Instructions

1. In a blender or food processor, combine ground beef, peas, and 2 cups of water.
2. Blend on low, then increase the speed until smooth.
3. Add an additional cup of water and continue blending.
4. Transfer the mixture to a 10-quart saucepan.
5. Add the remaining 4 cups of water.
6. Bring to a boil over high heat, then reduce to medium and simmer for about 30 minutes.
7. Remove from heat and let the mixture cool.
8. Pour into plastic tubs and freeze.

#101: Beefsicle Dog Treat

Ingredients

1 lb ground beef
1 cup peas
7 cups water (divided)

Instructions

1. In a blender or food processor, combine the ground beef, peas, and 2 cups of water.
2. Blend on low speed, gradually increasing to liquify the mixture.
3. Add another cup of water and continue blending until smooth.
4. Pour the mixture into a 10-quart saucepan.
5. Add the remaining four cups of water.
6. Bring to a boil over high heat, then reduce the heat to medium and simmer for approximately 30 minutes.
7. Remove from heat and let it cool.
8. Transfer the mixture into plastic tubs.
9. Freeze until firm.

Miscellaneous (10)

#102: Kiwi Coconut Pops

Ingredients

2 kiwis
1 cup coconut water

Instructions

1. Using a paring knife, peel the kiwis. Quarter and drop them into your blender.
2. Add coconut water to the blender.
3. Blend the ingredients until smooth, then pour the mixture into molds.
4. For an extra touch, you can drop a slice of kiwi into the mold if it's a miniature cup size or larger, like a silicone cupcake mold.
5. If using a cup as a mold, make the treat extra special by adding a dog chew handle!

#103: Frozen Fruit Ice Pops for Dogs

Ingredients

4 cups water
1 tablespoon molasses dissolved in the water (optional)
1 cup fresh fruit, chopped

Instructions

1. Chop the fresh fruit, discarding skins and seeds.
2. In a bowl, mix all the ingredients and stir well.
3. Pour the mixture into containers.
4. Freeze the containers.

Notes

Avoid using grapes or raisins as they can cause health problems in many dogs.

#104: Mango Sorbet for You AND Your Dog!

Ingredients

2 ripe mangoes, peeled
Juice of 1 orange
Juice of 1 lime
1/2 cup unsweetened almond milk

Instructions

1. Add all ingredients to a blender and puree.
2. Pour the mixture into a shallow silicone baking tray or silicone ice cube tray.
3. Freeze overnight.

#105: Coconut Pops

Ingredients

1 can (10 ounces) coconut milk

Instructions

1. Shake the coconut milk well before opening.
2. Pour the coconut milk into trays or molds.
3. If desired, sprinkle with coconut flakes or add berries.
4. Freeze the treats.

Notes

Creamy coconut milk forms the base for this super easy treat. Add your favorite extras to the mix! I added blueberries to our treats but you can toss in a handful of any of your dog's favorite fruits.

#106: Squash And Sardine Dairy-free Dog Ice Cream Recipe

Ingredients

1 cup mashed or canned squash
1 tin low sodium sardines, packed in water
1 5.5 oz can coconut milk
1 packet Knox plain gelatin

Additional Ingredients (Optional)

Ice
4 tbsp rock salt

Instructions

1. In a bowl, whisk together coconut milk and gelatin. Add squash and sardines (including liquid). Mash well with a fork until the mixture is smooth (or pulse it in the blender or food processor).
2. Place the mixture in a medium freezer bag, remove all air, and seal it. Double-bag by placing it inside a second freezer bag and sealing it as well.
3. Fill a large freezer bag with ice and sprinkle 4 tbsp of salt over the ice cubes. Add the baggie of the mixture to the ice-filled bag, removing excess air, and seal it tightly.
4. Wrap the bag in a towel and vigorously shake and massage it for 5-8 minutes until the mixture turns creamy and frozen.

Slow Freeze Method (Easy & Less Cleanup)

1. Transfer the mixture into a medium freezer bag, removing any air before sealing it. Double-bag by placing it inside another freezer bag and sealing it tightly.

2. Place the bag in the freezer. Every 20 minutes, take it out and gently massage the mixture, ensuring there are no ice chunks forming (pay attention to the corners and along the seal!). Allow the ice cream to freeze properly for 2 or 3 hours.

#107: Frozen Pizza Treats for Dogs

Ingredients

2 tbsp Philadelphia or other cream cheese
1 handful grated cheddar cheese
2 tbsp passata (make sure it doesn't contain onions or garlic)
1 splash water (optional)

Instructions

1. Press a small amount of grated cheese into the bottom of each part of your ice cube mold.
2. Add the Philadelphia, passata, water, and any remaining cheese to a blender.
3. Blend until smooth.
4. Spoon the mixture into the molds, filling them to the top.
5. Freeze for 6+ hours, ideally overnight.

#108: St. Patrick's Day Frozen Dog Treats

Ingredients

2 cups Baby Spinach (cleaned)
1 cup Water
2 cups Pear (peeled and chopped into 1" pieces)
1 cup Celery (cleaned and chopped into 1" pieces)
1 tsp Fresh Ginger (peeled and finely chopped)
Ice (optional)

Instructions

1. Clean and chop all your fruit and vegetables.
2. Add the spinach and water to a blender. Blend until the leafy bits are gone.
3. Add all the fruit and vegetables to the blender. Blend for about 1 minute until smooth.
4. Pour the mixture into a silicone mold or ice cube tray.
5. Freeze for 3 hours or overnight until firm.

#109: Frozen Avocado Treats

Ingredients

1 tbsp Instant Goat's Milk
1 cup water
1/2 avocado (ripe)

Instructions

1. Cut a ripe avocado in half. Peel the skin off and dice the avocado.
2. Add avocado pieces, water, and Goat's Milk powder to a blender. Blend for 1 minute until a puree is formed.
3. Pour the mixture into ice cube trays or silicone molds. Use a knife to even out the mixture and ensure all the molds are full.
4. Place the molds in the freezer overnight.
5. Pop the frozen treats out of the molds and give one to your dog!

#110: Banana Berry

Ingredients

- 1 Organic Banana
- 12 Frozen Organic Blueberries – OR – 2 Frozen Organic Strawberries

Instructions

1. Line a baking sheet with parchment paper and set aside.
2. In a blender, combine all the ingredients and pulse until the bananas and berries are broken down. The mixture should be slightly smooth without large pieces.
3. Transfer the fruit mixture into an icing bag or a plastic bag with the tip cut. Squeeze dime-sized portions of the fruit mix onto the parchment paper.
4. Place the baking sheet in the freezer for at least 4 hours until the treats are completely frozen.
5. Once frozen, transfer the treats into an airtight freezer-safe container.

#111: Frozen Sardine Dog Treats

Ingredients

- 4 oz tinned sardines in water
- ¼ cup blueberries (fresh or frozen)
- ¼ cup decaffeinated green tea (steeped and cooled)

Instructions

1. Place all the ingredients in a tall container and blend until smooth using a hand immersion blender.
2. Pour the mixture into ice cube trays or silicone mold trays and freeze until solid.
3. Once frozen, remove the treats from the trays and store them in an airtight container in the freezer.